

## Dear Student.

let us to congratulate you for your Stipendium Hungaricum scholarship! Please allow us to inform you about a great opportunity: to help students arriving to our country, the National Union of Students in Hungary (HÖOK) has established a Mentor Network for students within the Stipendium Hungaricum Scholarship programme.

During the summer, more than 400 students have been selected to act as international mentors within the Network. These mentor students assist the administrative, educational, and cultural integration of freshman students (mentees) coming to Hungary with the Stipendium Hungaricum scholarship. Our aim is to provide support so that you can concentrate on your studies, have a chance at exploring and enjoying Hungary during your stay. Our mentors are handpicked, reliable, and eager students whose task is to aid with integration and cultural differences. After one-on-one interviews, prospective mentors have been invited to our mentor camp where they participated in a series of courses in sensitisation, have been trained in institutional know-how, and received mentoring, team building, and intercultural communication skills from our leading mentors and professional trainers.

Our mentors are senior students with at least two completed semesters. Some of them are Hungarian students but many are senior Stipendium Hungaricum scholarship holders who have spent the previous year living in Hungary, just like you will this year. Please note that you can choose your own mentor on our website after registration.

If you wish to sign up and receive a mentor who can help you with administrative, cultural matters and problems with transportation during your stay in Hungary, we are happy to inform you that Stipendium Hungaricum Mentor Network's mentors are waiting for you.

Registering to our network has numerous advantages:

- you may have a chance to make new friends from other countries and cultures
- you can practice your English skills
- you can participate in several cultural and educational/vocational programmes that are free of charge for you
- you receive a safety net of mentors and fellow mentees to share and work out issues together

Our aim is to show foreigners our country's culture and values: our folk arts, gastronomy, the stunning geography, baths, wineries, famous cities and so on. Besides these cultural trips and programmes, we believe it is important to give you experiences that will be useful in your academic lives, such as visiting















factories, businesses, or a nuclear power plant. We understand that overcoming all sorts of cultural differences is an issue for many international students. To help make such problems more manageable, we also provide trainings on intercultural communication, money and time management and learning strategies. A notable piece of information is that more than 90% of our members were satisfied with the assistance and the programmes our Network provided in the previous year.

Should you be interested in some of last year's greatest events, please check out the <u>Second Annual Stipendium Hungaricum Banquet</u>, <u>Mentor Factor</u>, and <u>trips around Hungary</u>.

If you want to join our team as a mentee, please click on the link below and register to our system by giving the required data. After the registration you will be able to choose a mentor pair that will help you during your stay in Hungary. Following your registration, the mentors you chose will get in touch with you.

## http://shmentor.hu

Deadline for registration: 30 September

Please note that you will only be able to see the cultural and touristic programmes as well as the trainings, when the registration period is over.

Meanwhile, to receive information about the Network please like and follow us on our <u>Facebook</u>, <u>YouTube</u>, and <u>Instagram</u> pages.

Should you have any questions please feel free to contact us: shmh@hook.hu

We hope to see you soon,

Mihály HORVÁTH

Executive Officer

Stipendium Hungaricum Mentor Network

**Éva VINCZE**Executive Officer

Stipendium Hungaricum Mentor Network







